

IMPORTANT INSTRUCTIONS REGARDING YOUR ANESTHESIA

You will always be given local anesthesia for your surgery. Your surgeon will discuss with you the appropriate supplemental anesthesia for your procedure. Each requires different preparation on your part and, for your safety, it is important that you read and follow the instructions carefully. If you are unclear about any of these directions, please ask your doctor for clarification.

INTRAVENOUS SEDATION/GENERAL ANESTHESIA

Medications are given through a vein in your arm or hand, which will cause relaxation and sedation.

- **Nothing to eat or drink after midnight the night before surgery. This includes water, gum, mints, candy, lozenges, etc.** However, it is important that you take any regular medications (high blood pressure, antibiotics, etc.) using only a small sip water.
- You **MUST** have an escort at least 18 years of age or older to drive you home and that will **REMAIN** in our office during your entire procedure. Please leave all devices, personal belongings, and/or weapons in the waiting room with your escort.
- If you smoke, QUIT. If you can't, please refrain from smoking for at least 2 weeks prior to surgical appointment.
- Plan to rest the remainder of the day after surgery. **DO NOT** drive, or operate power tools, machinery, etc., or plan to work or make business decisions while under the influence of sedation for 24 hours after surgery. No rigorous exercising should be performed days following surgery. Consult with your doctor on appropriate time to return to normal schedule.
- Please wear comfortable, loose-fitting clothing. Tops/shirts should have sleeves that can easily be pulled up above the elbow. It is also important to wear flat, fully enclosed, or tie-up shoes that will assist you in walking following the procedure. Females should remove dark nail polish, gel, or acrylic nails before surgery, and remove all piercings.

Patient signature:

If you provided a cell phone number you will be receiving confirmation text messages.
Please give us at least two days(48 hours) notice if you need to change your appointment.